



### ***Parenting kids 3-8?***

Want to help them be less materialistic and more caring and generous toward others? You're not alone!

Join with other families in this innovative **FREE** program offered by Community and Family Engagement (CAFE) West Springfield.

- ★ There are only 3 meetings - most activities can take place at home at any time that works for your family.
- ★ Families with children preschool through school-age are welcome from any community or town!

#### ***Family Activities:***

***A Common Read*** We will provide an engaging, age-appropriate book for parents and kids to read and discuss together at home, and a booklet with a variety of books and activities to extend each family's exploration of gratefulness and giving.

***Two Parent Cafes*** At two gatherings, parents will meet informally to learn from one another's successes and challenges in helping their kids to become more grateful and generous. A light supper, fun children's activities and child care will be provided.

***A Family Community Service Project*** In groups or individually, families will design and participate in a family community service project of their choosing. Planning for the projects will be one of the focuses at the Parent Café Orientation.

#### **Program Event Dates and Locations**

Thursday January 23 6-7pm Parent Cafe 1 Orientation Meeting Book Distribution at John Ashley Kindergarten 88 Massasoit Ave. ( light supper, childcare provided)

Saturday, February 8, 11:00 am Parent Café 2 and Children's Activities at West Springfield Public Library 200 Park St. (youth room)

January 25 - February 25 Family Community Service Projects (self-scheduled)

***Want to Learn More?*** Look for our Facebook event, Growing Gratitude and Generosity or contact Rebecca Burgos, CFCE Coordinator, at [rburgos@wsps.org](mailto:rburgos@wsps.org) or 413-495-1863.

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